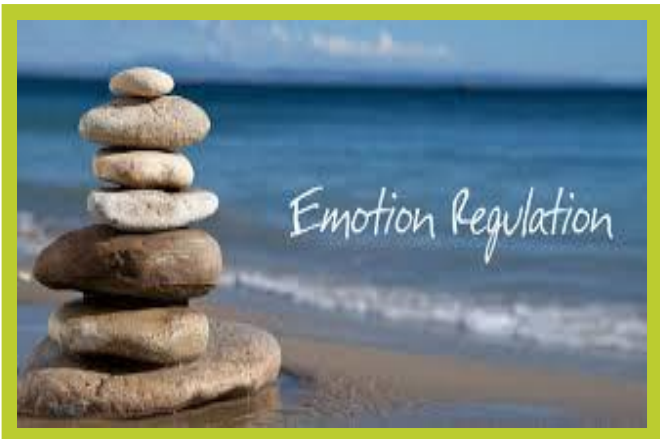


GenPsych Presents Comprehensive Clinical Training in Dialectical Behavior Therapy (DBT)



**Help your clients develop
lives worth living!**



Presented By

GENPSYCH
Mental Health of the Future



GenPsych Lawrenceville
31 East Darrah Lane
Lawrenceville, NJ 08648
www.GenPsych.com

E: CWetzell@genpsych.com
P: 609-403-6190
F: 609-403-6191

About the training:

Dialectical Behavior Therapy (DBT) has evolved from the go-to treatment for borderline personality disorder to one of the most recognized and sought after therapies for a variety of difficult to treat client problems. The increasing pressure to adopt treatments that work makes DBT skills and strategies a must-have for all types of therapists. In five days, therapists of all levels will learn DBT essentials to integrate into their own practice, to confidently practice from a DBT orientation, and to continue their own personal development as a DBT therapist.

About the trainer, Dr. Michelle Galietta:

Dr. Galietta is an Associate Professor of Psychology at the John Jay College of Criminal Justice, City University of New York heads the Forensic Psychology Ph.D. Program. Dr. Galietta is an expert in Dialectical Behavior Therapy, a treatment for individuals with severe emotion regulation problems. She has developed Dialectical Behavior Therapy programs in Inpatient and Outpatient Hospital Settings, as well as various forensic settings. Dr. Galietta is a clinician and researcher specializing in the assessment and treatment of violence. Her areas of expertise include the treatment of violent individuals, assessment and treatment of severe personality disorders, suicidality in correctional settings, non-suicidal self-injury (i.e., cutting), stalking, trauma and PTSD, women who kill their children, and the insanity defense. Dr. Galietta has appeared on CNN and Court TV, and has been cited in the New York Times and other media outlets.

Training Objectives:

- Explain salient features of the research behind DBT.
- Describe adaptations of DBT for specialized settings and populations.
- Explain the structure of DBT and the bio-social theory.
- Conduct a DBT case conceptualization: identifying goals and targets of treatment.
- Use the principles and practices of mindfulness in the treatment of clients, therapists and teams.
- Teach the four modules of skills in DBT (Core Mindfulness, Interpersonal Effectiveness, Emotion Regulation and Distress Tolerance).
- Coach clients in the use of DBT skills when in crisis.
- Conduct a behavioral analysis of problem behaviors.
- List the levels of validation, validation strategies and demonstrate their use with clients.
- Utilize informal exposure with individual clients.
- Understand suicide risk and conduct risk assessments on chronically suicidal clients.
- Conduct effective consultation teams and understand factors relevant to successful DBT implementation and to sustaining DBT programs.

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Continuing Education Credits:

This course is pending approved for continuing education by the National Association of Social Workers – NJ Chapter. Social workers will receive **forty (40) clinical credits** for participating in this course. This training has also been approved by the National Board for Certified Counselors. Counselors will receive forty (40) clinical credits for participating in this course.

THOROUGH DBT TRAINING THAT:

- IS EVIDENCE BASED, AFFORDABLE, & LOCAL
- COLLABORATIVE
- COMPLETION OFFERS THE OPPORTUNITY FOR ONGOING COLLABORATION AND REFERRALS

REGISTER NOW!

Due to this training being offered to all GenPsych clinicians, limited spots are available to outside community clinicians. We look forward to being able to expand our referral network to therapists who can demonstrate this level of DBT training.

Event Details

- September 12, 13, 14, 20, & 21 of 2014
- 9AM – 5PM (8:30 registration)
- Location:
10 FINDERNE AVE, 3rd FLOOR
BRIDGEWATER, NJ 08807
- Cost:
\$500 for GenPsych Employees
\$600 for Non-Employees
\$750 for registration after August 29, 2014
- Receive 40 CE Credits

Registration Form

Name _____

Email _____

Mail Address _____

City/State _____

Zip code _____

Business Phone _____

Cell Phone _____

Credit Card Information:

AMEX MasterCard VISA Discover

CC# _____

Check or Money Order Payable To:

GenPsych PC
31 East Darrah Lane
Lawrenceville NJ 08648
Fax: 609-403-6191

Check Send Registration To:

GenPsych PC
ATT: Catherine Wetzell LPC
31 East Darrah Lane
Lawrenceville, NJ 08648
Phone: 609-403-6190 x115
Fax: 609-403-6191

